

Alfred Festival Day Road Race

4 Mile Road Race and Walk

July 20, 2019 8:00 am

Start/Finish Alfred Town Hall

Alfred, Maine

Awards:

Top three runners overall in male and female divisions. Age division awards too.

Post race:

Beverages and snacks, plus awards. Also, pancake breakfast, parade at 10, arts and crafts tables, musical entertainment, and more, all in a beautiful country setting.

The Race Course:

Start on Saco Road. Go past the Town Hall, turn right onto Rt. 202. Bear right onto Shaker Hill Road, then right onto Back Road to Rt. 111, right onto Saco Road. Finishes in front of Town hall.

Directions:

Heading North, From I-95: Exit 19 (Wells/Sanford), go right on Rt. 109, turn right onto Rt. 4, straight through light onto Rt. 202. Alfred Village green is 600 yards ahead, on right.

Heading South, From I-95: Exit 32 (Biddeford, Rt. 111), turn right onto Rt. 111, turn right at the Alfred Post office (Old Kennebunk Road). Alfred Village green is 400 yards straight ahead.

More information:

Alfred Town Hall – 207-324-5872 or

Susan Pierce email: the_pierces@roadrunner.com

Mail \$12.00 entry fee (\$15 on race day), completed and signed entry to:
Alfred Festival Days Road Race, c/o Susan Pierce, PO Box 850, Alfred, ME 04002
(Make check payable to: Town of Alfred)

First name: _____ **Last name:** _____

Mailing address: _____

City: _____ **State:** _____ **ZIP:** _____ **Phone:** _____

Sex (M/F): _____ **Your age on 7/20/19:** _____

First 50 runners to enter receive a t-shirt. **Circle Shirt Size:** Adult S M L XL

In consideration of this race entry being accepted, I hereby for myself, my heirs, and administrators, wave and release any and all rights and claims for damages I have or may have against the Town of Alfred, the Alfred festival Committee, its agents, representatives, successors, and assignees for any and all injuries suffered at this event.

Signature of participant: _____ **Date:** _____

(If under 18) Parent: _____ **Date:** _____